Community Resources

Substance and Alcohol Overuse

Substance use disorder occurs when a person's repeated use of drugs or alcohol interferes with their ability to be productive. This disorder can cause problems with mental and physical health. It can affect your ability to have healthy relationships, and it can keep you from being able to meet your responsibilities at work, home, or school. It can also lead to addiction, which is a condition in which the person cannot stop using the substance consistently for a period of time.

Drug & Alcohol Treatment Programs

Preferred Family	3340 W Douglas	(316) 942-2051
Healthcare		
AA Central Office	Hotline	(316)684-3661
Associated Word of Life	3811 N Meridian	(316)838-9200
Atishwin Treatment	937 S Bluffview	(316) 681-2533
Kings Treatment Center	Winfield, KS	(620)221-6252
Methadone Clinic	1044 N Waco	(316)263-8807
Miracles, Inc.	1250 N Market	(316)264-5900
Options Treatment	122 Milwood	(316)265-6011
Positive Adjustments	650 Carriage Parkway	(316)685-4700
SAACK	731 N Water	(316)267-3825
S.T.O.P	8911 E Orme	(316)686-7884
Tiyospaye Adult Outpatient	1856 N Woodlawn	(316)262-2060
Women's Recovery	1319 W May	(316)626-0505
Services		

Additional Substance Use Resources:

Kansas Addiction and Prevention Services: http://www.srs.ks.gov

Narcotics Anonymous:

http://www.na.org

Alcoholics Anonymous:

http://www.aa.org

HELPGUIDE.org: htttp://www.helpguide.org

Al-Anon/Alateen:

http://www.al-anon.alateen.org

Substance Abuse Treatment Facility Locator:

http://dasis3.samhsa.gov

National Institute on Drug Abuse (NIDA):

http://www.drugabuse.gov/nidamed/screening

Institute for Research, Education & Training in Addiction (IRETA):

http://www.ireta.org

Drugwath.com

http://www.drugwatch.com

Mental Health Resources

COMCARE Walk-in intakes: 4035 East Harry Wichita, KS (316)660-1100 Hours 8:00 AM- 3:30 PM

COMCARE CRISIS (24/7) Hotline:

(316)660-7500

Mental Health Association (MHA):

9415 E Harry, Suite 800, Wichita, KS

(316)652-2590

Open for walk-in intakes: 12:30PM – 3:30 PM (Monday-Thursday)

If you ever feel like you may hurt yourself or others, or have thought about taking your own life, get help right away.

- National Suicide Prevention Lifeline 1-800-273-8255
- Text Crisis Line at 741741

Narcotic Overuse

Opioids are drugs that are often used to treat pain. Opioids include illegal drugs, such as heroin, as well as prescription pain medicines, such as codeine, morphine, hydrocodone, and fentanyl. An opioid overdose happens when you take too much of an opioid. An overdose may be intentional or accidental and can happen with any type of opioid. The effects of an overdose can be mild, dangerous, or even deadly. Opioid overdose is a medical emergency.

What are the signs or symptoms?

Symptoms of this condition depend on the type of opioid and the amount that was taken. Common symptoms include:

- Sleepiness or difficulty waking from sleep
- Confusion
- Slurred speech
- Slowed breathing and a sow pulse
- Nausea and vomiting
- Abnormally small pupils

Signs and symptoms that require emergency treatment include:

- Cold, clammy, and pale skin
- Blue lips and fingernails
- Vomiting
- Gurgling sounds in the throat
- A pulse that is very slow or difficult to detect
- Breathing that is very irregular, slow, noisy, or difficult to detect
- Inability to respond to speech or be awakened from sleep
- Seizures

Where to find more information

- Substance Abuse and Mental Health Services Administration (SAMHSA):
 - Online: www.samhsa.gov
 - National Helpline, to talk with a person who can help you find information about treatment services in your area: 1-877-726-4727
- U.S. Department of Health and Human Services mental health services: <u>www.mentalhealth.gov</u>
- National Alliance on Mental Illness (NAMI): www.nami.org
- ICT Street Team, talk with the team and obtain a Narcan kit to be used in time of an emergency
 - 925 N. Waco Wichita, KS 67203
 - o (316)263-1389

Opioid Misuse Resource List

Name	Tel	Address	Medicaid	MAT	Ind Ther	Spanish
HealthCore Clinic	316- 691- 0249	2707 E. 21st	Х	X	Х	Х
Seventh Direction	316- 558- 3066	212 N. Hillside	X	0	Х	X
The Caring Center of Wichita	316- 295- 4800	714. S. Hillside	X	0	Х	0

Recovery Unlimited	316- 941- 9948	3737 W. Douglas	X	0	X	X
Valley Hope	316- 264- 7369	650 S. Westdale, Ste 207	X	X	X	0
Recovery Concepts	316- 262- 6633	2604 W. 9th	X	0	X	X
Harmony Medical Clinic	316- 854- 1045	6135 E. Central	0	X	0	X
COMCARE Addiction Treatment Services	316- 660- 7550	4035 E. Harry 1919 N. Amidon	X	0	X	X
Wichita Comprehensive Treatment Center	316- 263- 8807	939 N. Main	X	X	X	0
Center for Change	316- 201- 1234	933 N. Topeka	0	X	X	0
Higher Ground	316- 262- 2060	247 N. Market	X	0	X	X
Metro Treatment Center	316- 263- 1623	630 N. St. Francis, Ste C	0	X	X	X
Mirror, Inc.	316- 867- 0259	236 S. Pattie	X	X	X	X
Matrix Center	316- 260- 3445	9818 E. Harry	0	Х	X	0
Holland Pathways	316- 260- 1435	551 S. Holland	0	X	X	0
Bel Aire Recovery Center	888- 751- 7273	4969 N. Tierra Lakes Pkwy.	0	Х	Х	0

MAT= Provides MAT

 $\label{eq:matter} \begin{tabular}{ll} Medicaid & MAT= Provides MAT \\ Ind Ther=Provides individual Psychologica/Behavioral therapy \\ Spanish=Services in Spanish & X=Yes (Provides) & 0=No (Does Not Provide) \\ \end{tabular}$